# Jefferson County Nutrition Project Council Minutes of Meeting 01/28/2020

#### Call to Order

The meeting was called to order at 2:05 p.m.

#### Roll Call

Present: Carol O'Neil- Chair, Audrey Postel- Vice Chair, Carol Battenberg- Secretary, Barbara Schmitt.

Also Present: Sharon Olson, Kimberly Swanson, Sharon Endl staff; and Senior Dining Program Managers: Joy Clark, JaNae Kreul, Julie Schultz, Barbara Chwala, and Patti Hills.

## **Certification of Compliance with Open Meetings Law**

Olson certified compliance.

### **Approval of the Agenda**

The Agenda was approved unanimously.

#### **Approval of the Minutes**

A motion to approve the 10/29/2019 minutes by Postel, seconded by Schmitt. The motion was approved unanimously.

### **Communications**

None.

### **Public Comment**

None.

#### **Updates from Site Managers**

Site managers shared information updates from their sites. Concerns as well as compliments were shared on some of the food that has been delivered. One day a site ended up with burnt food but the other sites did not. Most of the sites have not had concerns.

### **Reviewed and discussed Elder Nutrition Goals**

Olson reviewed the Nutrition goals from the Aging Plan:

- Restaurant Model Dining Site
- Shelf Stable Meals
- Community Interactions for program participants
- Resource Guide on groceries stores and other food vendors for food delivery

## **Mental Health First Aid - Community Training**

In December of 2018, a 2-day presentation was given for the Mental Health First Aid training. Well received so plan would be to duplicate that into the other nutrition sites.

### Discussion on Possible Future Agenda Items.

Review of new volunteer guidelines.

#### Adjourn

Postel made a motion to adjourn the meeting, seconded by Schmitt, approved unanimously. The meeting was adjourned at 3:15 p.m.

Respectfully submitted,

Sharon Olson, ADRC Division Manager